

TANZANIA GLOBAL PRAYER MOVEMENT (TGPM)

PRAYER POINTS FOR TANZANIAN MARRIAGES

Remarks:

Healthy marriages is the foundation and backbone of a healthy church and a healthy Body of Christ. Using a metaphor of a bicycle, marriage can be considered like a hub, the central support for a family. If the marriage isn't working the family will suffer. If the marriage isn't working the community, the workplace, the local church, yes even the government does not work effectively. They are spinning their wheels with a broken hub.

So as we pray for marriages, may we all be reminded of how important are marriages to the vibrancy of the Body of Christ, for our families, our communities and for our country.

Scriptures:

1 Corinthians 13:1-8a (NIV)

If I speak in the tongues of men or of angels, but do not have love, I am only a resounding gong or a clanging cymbal. If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but do not have love, I am nothing. If I give all I possess to the poor and give over my body to hardship that I may boast, but do not have love, I gain nothing. Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails.

Genesis 2:24 (NKJV)

Therefore a man shall leave his father and mother and be joined to his wife, and they shall become one flesh.

Mark 10:9 (KJV)

What therefore God hath joined together, let not man put asunder.

1 Peter 4:8 (NIV)

Above all, love each other deeply, because love covers a multitude of sins.

Hebrews 13:4 (NIV)

Let marriage be held in honor among all, and let the marriage bed be kept pure, for God will judge the adulterer and all the sexually immoral.

1 John 4:7-8 (NKJV)

Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. Anyone who does not love does not know God, because God is love.

Jeremiah 29:11 (NIV)

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Ephesians 4:2-3 (NIV)

Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace.

Ecclesiastes 4:12 (NIV)

Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken."

Ephesians 4:32 (NIV)

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Sample Prayer Points Against Terrorism in Tanzania

1. **Sanctity of Marriage** - Almighty Father, you instituted marriage as a union between a man and woman. However, because of sin, the sanctity of marriage is at risk. O Lord, Your church is allowing gay marriage and blessing it at your altar. Lord, I repent for the compromise your church has done. O Lord, heal your church and may the sanctity of marriage be restored. Have mercy O Lord, have mercy. Through the blood of Christ our Lord, Amen.

2. **No Divorce or Separation** - Father, You give love for two people and You unite them in a holy matrimony. Father, you never like any separation in a marriage or divorce. Father, please reunite any Tanzanian couple that is on the edge of separation or thinking of divorce. Forgive their sins and heal their marriage, Father. Let only Your power and mercy guide them in their marriage and hold them tight. In the mighty name of Jesus, Amen.

3. **Relationship a Priority** - Dear Lord, I pray for all Tanzanian married couples worldwide, that they may be inspired to make their relationship a priority in their lives, and that they may be a true sign of your love to the world. In Jesus name, Amen.

4. **Couples Who Don't Know Jesus** - I pray for Tanzania wives and husbands worldwide who do not know You, O Lord. I pray that their eyes are opened and that they receive Christ as their personal Lord and Savior. I pray that You would reveal Yourself to them in great and mighty ways. May Your Holy Spirit lead them to repentance and transform their hearts. May Your grace cover them and comfort them! I pray that the lost would be found. In the mighty name of Jesus, Amen.

5. **Loving Like God** - God, I pray for all Tanzanian marriages around the world! I pray that your Holy Spirit falls on every husband and wife, filling them with everything they need to love their spouse unconditionally. Some may need patience, some may need humility, some may need gentleness... I pray that YOUR LOVE abounds in all marriages! Help us to love like you love! Through the blood of Christ our Lord, Amen.

6. **Seeing Your Spouse as Christ Does** - Dear Lord, I pray for Tanzanian husbands and wives all over the world! May Your Holy Spirit fill them with Your peace, Your wisdom, and Your power! May they feel loved and cherished all the days of their lives. I pray that You would help them to see their spouse as Christ does. Help them to walk beside them, and forgive them their sins. Humble them daily Lord. May Your love spring forth in marriages and may a revival sweep across Tanzania. I pray that husbands would lead and love their wives and that wives would love and respect their husbands. Guide us Lord, everyday, reminding us of the purpose You have for us in Jesus' name we pray AMEN (Ephesians 5:22-33)!

7. **Feeling Sick** - Dear Lord, please bring comfort to Tanzanian husbands and wives who feel sick. Feeling sick hinders them from being diligent at work or daily activities. It also makes them impatient as distress runs through their bodies. I pray for healing and I pray for comfort. I also pray that any wife or husband that is sick would receive help from their spouse. Remind us Lord, that we are supposed to care for one another and to do as we would want done for us. I pray that marriages would not be torn apart by sickness. Rather let it be an opportunity to show great love, Your love. Through the blood of Christ our Lord, Amen.

8. **Courage and Sensitivity** - God, I pray for all Tanzanian married couples all around the world that you may give them the courage and sensitivity, Lord, to openly share their feelings and needs with each other, and that they may abandon themselves to each other and to You. Through the blood of Christ our Lord, Amen.

9. **Passionately in Love** - Father of Heaven, I pray for all Tanzanian married couples that they may continue to grow in their love for each other and You, and experience the joy that comes from being passionately in love with each other. Father, I pray that they may imitate, in their relationship, your passionate love for them. In Jesus name, Amen.

10. **Enjoy Their Sexuality** - O God, I pray for all Tanzanian married couples worldwide that you may encourage them to more openly show their affection for each other and assist them to strive for intimacy in their relationship. God, I pray for all married couples that they may treasure, value and enjoy their sexuality in the mighty name of Jesus, Amen.

11. **Keeping Wedding Vows** - Father God, I pray for all Tanzanian married couples worldwide that they may live in awareness of the promises they made to each other on their wedding day and the graces that you give them to live out their vows. Father God, I pray that they will value the sanctity of their marriage and live their lives accordingly. Through the blood of Christ our Lord, Amen.

12. **Openly Share Their Dreams** - Jesus of Nazareth, I pray for all Tanzanian married couples that they may empower each other to grow as persons and to grow in their love for each other, and give them the courage and sensitivity, Lord, to openly share their dreams and expectations with each other, in the mighty name of Jesus, Amen.

13. **Praying as a Couple** - Dear Lord, I pray for all Tanzanian married couples all around the world that you may encourage them to be a gift to each other and as a couple a gift to the Church. I pray that you will help them to develop the habit of openly praying as a couple and as a family. Through the blood of Christ our Lord, Amen.

14. **All Tanzanian Families** - Dear Lord, I pray for all Tanzanian families around the world and pray a blessing over them. Those who have children and those that do not. I pray You would strengthen these families and continue to provide for them. May You comfort those who need it and send encouragement to all of them. May Your will be done in their lives in Jesus' name, AMEN!

15. **Mind of Christ** - Father, give all Tanzanian husbands worldwide the mind of Christ, saturate it with godly wisdom. Help them to take every thought captive that is not in obedience to Your Word, and in so doing protect them from pride and temptation (1 Corinthians 2:16, 2 Corinthians 10:5), in Jesus name AMEN!

16. **Trust in the Lord** - O Lord, help all Tanzanian husbands to trust in You with all their heart, not depending on their own understanding, but acknowledging You in all their ways, so they know what direction their family should take (Proverbs 3:5-6). Through the blood of Christ our Lord, Amen.

17. **Special Needs** - Holy Spirit, I pray that Your Church may develop a greater awareness of the special needs of all Tanzanian married couples, in Jesus mighty name, Amen.

18. **Marriage Shortcomings** - Lord, I pray for all Tanzanian married couples worldwide that through your grace, they will be able to accept each other's shortcomings and work through their differences, in Jesus name, Amen.

19. **Turn to the Lord for Help** - Dear Lord, I pray for all Tanzanian married couples worldwide that they may turn to You, Lord, for help with any problems that they face. When their relationship needs mending, Lord, I pray that they may claim the special graces of forgiveness and healing, with which you have blessed their Sacrament of Matrimony. Through the blood of Christ our Lord, Amen.

20. **The Workaholic** - Dear Heavenly Father, Today I pray for the Tanzanian marriage worldwide that suffers because of work. Whether the wife is the workaholic or the husband, the pain and frustration stirred up in marriage due to this issue is real and devastating. The devotion a workaholic has to their work may be a source of provision, but sacrifice of the marriage relationship is not comparable. I pray You would comfort the heart of the wife or husband that aches because they feel unloved and I pray You would help the one who dives into his or her work so that they have a healthy balance between work and marriage, that they trust You for their provision, and that they do not use work as an escape. I pray You would heal and transform these couples in Jesus' name AMEN!

21. **Jealousy Needs To Go** - Dear Lord, I pray for Tanzanian wives who struggle with jealousy. I pray they would not be jealous of other marriages, other women, or of their husbands. I pray that instead of being jealous of their husband's opportunities, job, friends, or anything else, they would be confident through their faith in You! Instead of letting jealousy root in their heart over what another wife has or a friend has, that thankfulness in the gifts You have given would satisfy. Remove and carve from their hearts any bit of jealousy that resides! Through the blood of Christ our Lord, Amen.

22. **The Scourge of Addiction** - Dear Heaven Father, My heart is burdened for Tanzanian wives and husbands today. I pray that no matter where they are or what they are doing they would feel Your incredible love. Lord, I pray for wives and husbands who struggle with addiction. The stress and destruction addiction has on marriage is ginormous. I pray that their spouses will be understanding and willing to support them through recovery. I pray against the darkness of addictions and claim healing and restoration through the blood of Jesus Christ! May these marriages be redeemed as the addicted wives and husbands are set free. Through the blood of Christ our Lord, Amen.

23. **Renewing The Strength Of Wives** - Dear Lord, Thank you for today. I lift up Tanzanian wives all around the world to you asking that you renew their strength. Day in and day out they strive to be Proverbs 31 wives, diligent, seeking to provide for their families, and preparing things that need their attention. There is so much required of a wife and some even more as a mother. You know each one of their needs and each measure of strength they need. May your Holy Spirit anoint them, guide them, inspire them, and help them to do all that they do with joy overflowing! Renew them and restore them Lord. Through the blood of Christ our Lord, Amen.

24. **Healing Broken Hearts** - Dear God, I lift up Tanzanian wives to you and thank you for each one. I pray for all the wives who feel lonely, neglected, abused, or forgotten about. I pray for wives with broken hearts. May you wrap them in your love and may you inspire their husbands to love them like you have called them too. I pray that other wives would also step in and encourage them daily. Please mend their hearts Lord, bring healing and restoration! Send your Holy Spirit to comfort them in Jesus Holy Name! AMEN!

25. **Seek Healing** - Dear God, I lift up all Tanzanian wives worldwide with broken hearts, wives who have been hurt and wives who feel unworthy. Let your love pour down on them, heal them, mend them. Reveal yourself to them in great ways Lord! In Jesus name Amen.

26. **Don't Be Burdened By Disappointment** - Dear Lord, I pray for all Tanzanian husbands and wives who struggle with unmet expectations, who are burdened by disappointment in their marriages. I pray that You would cover their hearts and protect them from harboring any negative thoughts. I ask Your Holy Spirit to defend them and encourage them. Help their spouses to extend grace so that together they can live joyfully no matter the circumstances. Through the blood of Christ our Lord, Amen.

27. **Deep Pain** - Dear Lord, There are many Tanzanian husbands and wives all around the world who have deep wounds of pain that hurt very badly. I pray for each of them. May Your Holy Spirit fill them with Your comfort and gift them your peace. I pray for healing. Please mend their wounds and restore them. If they were wounds caused by their spouses, I pray for reconciliation. I pray trust can be rebuilt. If they are wounds from other sources, I ask that you would help them resolve and help them overcome. I pray Your love would saturate their souls and that these wounds would never hold them back from experiencing extraordinary life in Jesus' name AMEN!

28. **Giving God Your Sadness** - Dear God, I pray for Tanzania wives and husbands who have experienced such great loss in their lives, especially the loss of a husband or wife. May your Holy Spirit continue to comfort their hearts, take their burden of pain and carry their yoke of sadness. Flood their lives with encouragement and love in the mighty name of Jesus! Amen.

29. **When Hard Days Persist** - Dear Lord, I pray for Tanzanian husband's and wives who are enduring through hard days. I know every couple encounters different circumstances, but all have experienced the physical, emotional, and mental pain of difficulty. I pray for peace. May Your Holy Spirit draw married couples closer together, especially when hard days persist. Help them to persevere in Jesus' name Amen!

30. **Wandering Hearts** - Dear Lord, I lift up all Tanzanian marriages to You today. I pray for the husbands and wives all around the world who are struggling in their relationships. I pray over the husbands or wives who have wandering hearts, searching to be fulfilled because marriage is leaving them less than satisfied. May Your Holy Spirit intercede! May You convict their hearts and then help them to make adjustments that will nurture their marriages. I pray You would give them the courage to initiate intimacy in their marriages and I ask that You would protect them from sinning. There is so much coming against marriage these days and my heart breaks for those who feel like they are at the end of it. Intervene and bring reconciliation in Jesus' mighty name, Amen!